

Telaga Seafood

PANTAI * CENANG

LANGKAWI

LIVE SEAFOOD • SEAFOOD TEMPAYAKI • LOCAL FOOD • LIVE MUSIC

FOR RESERVATION ☎/📞
013 - 350 8171

OPEN EVERYDAY
1 PM - 11.30 PM

**10% service charge apply (prices displayed not including service charge)*

**Images displayed are for illustration purpose only*



📍 📱 @telagarestaurant

Great Food Great Ambience And Great Experience!

Telaga Seafood

PANTAI* CENANG

LANGKAWI

MAIN COURSE

LIVE SEAFOOD 活海鲜

*Please refer our service staff for update on current

*最新市场价格请咨询我们的服务人员

AUSTRALIAN LOBSTER 龙虾

Renowned for its sweet, succulent meat and delicate texture.

TIGER GROUPEL 石斑鱼

Fish with succulent flesh, sourced from pristine waters of Andaman.

GREEN LOBSTER 龙虾

Distinctive appearance & exquisite, a prized catch among seafood enthusiasts

CRAB 螃蟹

Prized for their delicate flavor and texture, a true seafood delicacy

FROZEN FRESH SEAFOOD 海鲜

LOBSTER 龙虾 | RM25/100g

Sweet, rich flavor with tender, juicy meat and a subtle brininess.

PRAWN 虾 | M - RM57 | L - RM95

Sweet, slightly briny flavor with a firm, tender texture.

SQUID 乌贼 | M - RM27 | L - RM45

Mild, slightly sweet flavor with a tender yet slightly chewy texture.

FISH FILLET 鱼片 | M - RM48 | L - RM80

Tender, boneless flesh. Mild, delicate flavor with a tender, flaky texture.

TIGER GROUPEL 龙虎斑 | RM12/100g

Savory flavor with firm, flaky meat and a subtle sweetness.

SNAPPER 鲷鱼 | RM12/100g

Tender, flaky flesh with a mild, sweet taste and a subtle, savory richness.

SEABASS 鲈鱼 | RM9/100g

Mild, buttery flavor with a tender, flaky texture and a hint of oceanic sweetness.

TIGER PRAWN 老虎虾 | RM25/100g

Sweet, oceanic flavor with a firm, tender texture and a delicate richness.

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Prawn malay sambal



Lobster telaga special cheese



seabass BBQ



crab curry powder

A1



TELAGA SPECIAL CHEESE

Deep fried & mixed with capsicum, onion mushroom & tomato. Cheesy creamy with curry powder.

A2



SALTED EGG YOLK

Deep fried with flour & salted egg. Mixed with onion curry leaf & capsicum. Creamy

A3



GOLDEN SPICY

Deep fried, curry leaf & lemongrass mixed with oyster sauce & curry powder. Spicy

A4



DRIED BUTTER

Deep fried with flour, garlic, butter, creamer & curry leaves. Creamy & sweet.

A5



BUTTER MILK

Deep fried w flour coated w egg yolk & butter. Buttery with hints of curry notes

A6



GINGER ONION

Deep fried with flour & mixed with ginger, onion, vege and sauce. Gingery.

A7



CREAM CHEESE

Fried with flour and cream cheese. Creamy & crispy.

A8



STEAM GINGER GARLIC

Steam fish with ginger & mushroom. Soy sauce & seasoning. Sweet & salty.

A9



GRILL LOBSTER

Grilled with authentic flavour of butter and herbs. Juicy.



A3

LOBSTER GOLDEN SPICY

B1



TIGA RASA

Deep fried stirred w pineapple, herbs, thai, & oyster sauce. Sweet, sour & spicy.

B2



STEAM LIME CHILLI

Steamed with blended garlic, onion & dried chilli. Spicy & sweet

B3



TELAGA SPECIAL

Deep fried, with aromatic onion, chilli and soy sauce.

B4



MALAY SAMBAL

Deep fried with blended dried chilli & garlic gravy, mixed lime essence. Sweet & spicy.

B5



STEAM GINGER GARLIC

Steam fish with ginger & mushroom. Soy sauce & seasoning. Sweet & salty.

B6



SWEET & SOUR

Deep fried with cucumber, onion, pineapple, & tomato. Vinegar, chilli & tomato sauce.

B7



BBQ FISH SAMBAL

Grilled with flavour of blended garlic, onion & dry chilli. Spicy & sweet

B8



FRIED SOY SAUCE

Deep fried fish with ginger & spring onion Soy sauce & seasoning. Sweet & salty.

B9



GRILL FISH

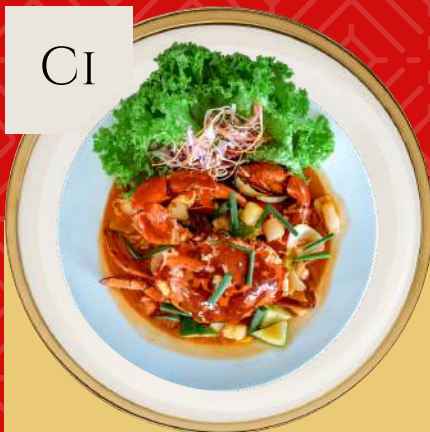
Grilled with authentic flavour of butter and herbs. Juicy.



B2

STEAM LIME CHILLI

C1



SWEET & SOUR

Deep fried with cucumber, onion, pineapple, & tomato. Vinegar, chilli & tomato sauce.

C2



MALAY SAMBAL

Blended dried chilli & garlic gravy, mixed lime essence & squid soy sauce. Sweet & spicy.

C3



STEAM CRAB

Steamed with aromatic lemon and served with Thai sauce. Juicy.

C4



CHILLI CRAB

Boiled crab meat with oyster, chilli & tomato sauce with egg & chilli paste. Spicy

C5



SALTED EGG YOLK

Deep fried with flour & salted egg. Mixed with onion curry leaf & capsicum. Creamy

C6



BLACKPEPPER

Deep fried with onion, curry leaf & capsicum mixed w salted egg. Creamy

C7



CURRY POWDER

Boiled with blended garlic, onion, curry powder, egg & milk. Creamy.

C8



GOLDEN SPICY

Deep fried, curry leaf & lemongrass mixed with oyster sauce & curry powder. Spicy



C5

CRAB SALTED EGG YOLK



C1

CRAB SWEET & SOUR



C2

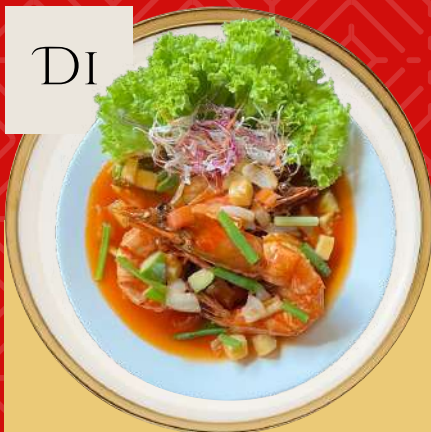
CRAB MALAY SAMBAL

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TIGER PRAWN 虎虾

RM 25/100g

D1



SWEET & SOUR

Deep fried with cucumber, onion, pineapple, & tomato. Vinegar, chilli & tomato sauce.

D2



CREAM CHEESE

Fried with flour & cream cheese, Creamy & crispy.

D3



GOLDEN SPICY

Deep fried, curry leaf & lemongrass mixed with oyster sauce & curry powder. Spicy

D4



DRIED BUTTER

Fried with flour coated with egg yolk & butter. Buttery with hints of curry notes

D5



MALAY SAMBAL

Deep fried with blended dried chilli & garlic gravy, mixed lime essence. Sweet & spicy.

D6



SALTED EGG YOLK

Deep fried with flour & salted egg. Mixed with onion curry leaf & capsicum. Creamy

D7



BLACKPEPPER

Deep fried w onion, capsicum, mushroom, ginger & blackpepper mixed w oyster & soy sauce. Spicy

D8



DEEP FRIED GARLIC

Deep fried, with flour, blended garlic & onion. Crispy.

D9



GRILL TIGER PRAWN

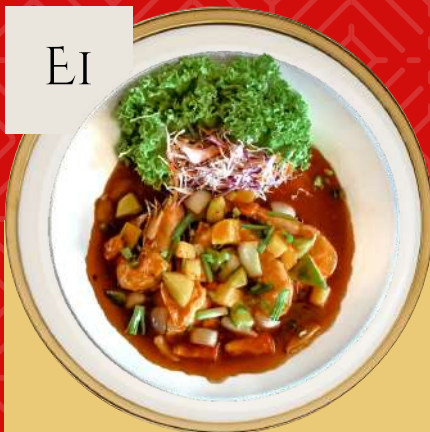
Grilled with authentic flavour of butter and herbs. Juicy.



D2

TIGER PRAWN CREAM CHEESE

E1



SWEET & SOUR

Deep fried with onion, pineapple, & tomato. Vinegar, chilli & tomato sauce.

E2



MALAY SAMBAL

Deep fried with blended dried chilli & garlic gravy, mixed lime essence. Sweet & spicy.

E3



GOLDEN SPICY

Deep fried, curry leaf & lemongrass mixed with oyster sauce & curry powder. Spicy

E4



TEMPURA PRAWN

Deep fried with flour served with thai sauce, Crispy.

E5



DEEP FRIED GARLIC

Deep fried, with flour, blended garlic & onion. Crispy.

E6



SALTED EGG YOLK

Deep fried with flour & salted egg. Mixed with onion, curry leaf & capsicum. Creamy

E7



DRIED BUTTER

Fried with flour, garlic, butter, creamer & curry leaves. Creamy & sweet.

E8



CREAM CHEESE

Fried with flour & cream cheese, Creamy & crispy.

E9



DRIED CHILLI

Deep fried, with blended garlic, onion & dry chilli. Spicy & sweet



E3 **PRAWN GOLDEN SPICY**



E1 **PRAWN SWEET & SOUR**

F1



STEAM LIME CHILLI

*Steamed with chilli, lime and garlic.
Sour & spicy.*

F2



DRIED CHILLI

*Stir fried w onion, dried chilli & ginger,
mixed w oyster sauce, tomato, chilli &
soy sauce, Sweet & spicy*

F3



GOLDEN SPICY

*Stir fried w curry leaf & lemongrass mixed
w oyster sauce & curry powder. Spicy*

F4



TEMPURA SQUID

*Deep fried w flour served w thai sauce,
Crispy.*

F5



GINGER ONION

*Stir fried with ginger, onion, vege and
sauce. Gingery.*

F6



MALAY SAMBAL

*Stir fried with blended dried chilli & garlic
gravy, mixed lime essence. Sweet & spicy.*

F7



SALTED EGG YOLK

*Deep fried with flour & salted egg. Mixed
with onion curry leaf & capsicum. Creamy*

F8



CURRY POWDER

*Stir fried with blended garlic, onion, curry
powder, egg & milk. Creamy.*

F9



STIR FRIED TURMERIC

*Stir fried with flour, onion, curry leaf
& capsicum mixed w salted egg. Creamy*



F9

SQUID STIR FRIED TURMERIC



F7

SQUID SALTED EGG YOLK



F4

TEMPURA SQUID

Telaga Seafood
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FISH FILLET

MEDIUM - RM48 | LARGE - RM80

G1



GOLDEN SPICY

Deep fried, curry leaf & lemongrass mixed with oyster sauce & curry powder. Spicy.

G2



SWEET & SOUR

Deep fried with onion, pineapple, & tomato. Vinegar, chilli & tomato sauce.

G3



DRIED CHILLI

Deep fried w onion, dried chilli & ginger, mixed w oyster sauce, tomato, chilli & soy sauce, Sweet & spicy.

G4



TEMPURA

Deep fried with flour served with thai sauce, Crispy.

G5



MALAY SAMBAL

Deep fried with blended dried chilli & garlic gravy, mixed lime essence. Sweet & spicy.

G6



GINGER ONION

Deep fried with flour & mixed with ginger, onion, vege and sauce. Gingery.

G7



BLACKPEPPER

Deep fried w flour, onion, capsicum, mushroom, ginger & blackpepper mixed w oyster & soy sauce. Spicy

VEGETABLES

MEDIUM - RM15 | LARGE - RM20

H1



KANGKUNG BELACAN

Stir fried water spinach with Shrimp Paste. Salty & spicy.

H2



KANGKUNG GARLIC

Stir fried water spinach with oyster sauce & garlic.

H3



KAILAN OYSTER SAUCE

Stir fried chinese broccoli with savory oyster sauce.

H4



KAILAN SALTED FISH

Stir fried chinese broccoli served with salted fish & oyster sauce.

H5



KAILAN GARLIC

Stir fried chinese broccoli served with chopped garlic.

H6



BOK CHOY

Stir fried chinese cabbage with savory oyster sauce.

H7



BEANCURD

Deep fried served w onion, mushroom, carrot & ginger mixed w soy & oyster sauce.

H8



MIX VEGETABLES

Assorted mix vegetable served with oyster sauce.

BEEF 鱼片

MEDIUM - RM25 | LARGE - RM40

I1



TELAGA SPECIAL BEEF

Stir fried, with aromatic onion, chilli and soy sauce.

I2



MASAK MERAH

Stir fried w red & green capsicum, mushroom, ginger mixed w soy & oyster sauce. Spicy.

I3



FRIED TURMERIC

Stir fried w cauliflower, carrot, broccoli mix w oyster sauce & turmeric. A pinch of salty.

I4



BLACKPEPPER

Stir fried w carrot, broccoli. Mix w red pumpkin sauce & oyster sauce. Sweet & spicy.

I5



BEEF PADPRIK

Stir fried with lime leaf, red chilli mixed with vege & oyster sauce, Sweet & spicy.

I6



MALAY SAMBAL

Stir fried with blended dried chilli & garlic gravy, mixed with lime essence. Spicy.

I7



GINGER ONION

Stir fried w onion, mushroom, carrot, & ginger mixed with soy & oyster sauce & garlic oil.

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CHICKEN 乌贼

MEDIUM - RM25 | LARGE - RM40

J1



SWEET & SOUR

Deep fried with flour, onion, pineapple, & tomato. Vinegar, chilli & tomato sauce.

J2



CREAM CHEESE

Deep fried with flour and cream cheese. Crispy cream.

J3



GOLDEN SPICY

Deep fried with flour. Chilli, tomato & oyster sauce mix with curry powder.

J4



FRIED TURMERIC

Stir fried w cauliflower, carrot, broccoli mix w oyster sauce & turmeric.

J5



BUTTER MILK

Deep fried w onion, curry leaf, red chili mixed w condensed milk & butter. Creamy

J6



DRIED CHILLI

Deep fried, with blended garlic, onion & dry chilli. Spicy & sweet

J7



GINGER ONION

Boiled w onion, mushroom, carrot, & ginger mixed with soy & oyster sauce.

J8



MALAY SAMBAL

Deep fried, with blended garlic, onion & dry chilli. Spicy & sweet

J9



CHICKEN PADPRIK

Stir fried with lime leaf, red chilli mixed with vege & oyster sauce, Sweet & spicy.

SIDE DISH

K1



RM 25

SEAFOOD TOM YAM

Boiled seafood with onion, lemongrass, chilli, tomato & lime leaf. Spicy & creamy.

K2



RM 20

CHICKEN TOM YAM

Boiled chicken with onion, lemongrass, chilli, tomato & lime leaf. Spicy & creamy.

K3



RM 30

MIXED TOM YAM

Boiled seafood & chicken with onion, lemongrass, chilli, tomato & lime leaf. Spicy.

K4



RM 20

CHICKEN SOUP

Boiled chicken with vegetables in chicken broth, garlic oil.

K5



RM 25

BEEF SOUP

Boiled beef with vegetables in beef broth, & garlic oil.

K6



RM 48

CRAB MEAT SOUP

Boiled crab meat & fillet with vegetable, in beef broth, & garlic oil.

K7



RM 25

SEAFOOD SOUP

Assorted seafood boiled w onion, broccoli, carrot mixed with squid soy sauce.

K8



RM 8

OMELETTE

Eggs fried with mix onion & chilli served.

K9



RM 3

WHITE RICE

Aromatic fragrance white rice.

L1



RM 30

TELAGA FRIED RICE

A delicious dish of fried rice served w squid, prawn, fried egg & mix vegetables.

L2



RM 12

LOCAL FRIED RICE

Local fried rice served with fried egg & chicken with mix vegetables.

L3



RM 12

CHINESE FRIED RICE

Fried rice served with assorted vegetable mix, carrot and long beans.

L4



RM 30

TELAGA FRIED NOODLE

A delicious dish of fried noodle served w squid, prawn, fried egg & mix vegetables.

L5



RM 20

SEAFOOD FRIED NOODLE

Fried noodle served with fried egg & seafood with mix vegetables.

L6



RM 12

CHICKEN FRIED NOODLE

Fried noodle served with fried egg & chicken with mix vegetables.

L7



RM 30

TELAGA FRIED BIHUN

A delicious dish of fried bihun served w squid, prawn, fried egg & mix vegetables.

L8



RM 12

S'PORE FRIED BIHUN

Fried bihun with chicken and mix vegetables & fried egg. Not Spicy.

L9



RM 12

CHICKEN FRIED BIHUN

Fried bihun with chicken and mix vegetables & fried egg. Spicy

Telaga Seafood
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FAMILY FISH SET

4 PAX



Telaga's Best Selling Set

Enjoy a delectable seafood set at Telaga Seafood Restaurant, featuring a choice of perfectly grilled or steamed seabass, flaky and full of flavor. Accompanied by tender medium squid, available in your choice of grilled, fried, or stir-fried, and a option of fresh vegetable dish with a light sautéed preparation. Indulge in a savory, golden omelette, and a savoury Chicken Tom Yam with its spicy, aromatic broth. Paired with four servings of fragrant white rice, this well-rounded set offers a perfect balance of fresh, bold flavors, prepared to your preference for a truly satisfying meal.

1x Seabass Fish
1x Squid (M)
1x Omelette
1x Vegetables (M)
1x Chicken Tom Yam
4x White Rice

RM 150

*Prices displayed not including service charge 10%

Telaga Seafood
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FAMILY LOBSTER SET

4 PAX



The Telaga Seafood Restaurant Family Lobster Set is a delectable feast perfect for sharing with loved ones. It features a succulent lobster with your choice of cooking as the star of the meal, accompanied by a perfectly grilled or stir fried seabass, delivering a rich and tender flavor. To complement the seafood, the set includes a fragrant and spicy seafood Tom Yam soup, bursting with bold flavors. A fresh vegetable dish adds a wholesome touch, while a fluffy omelette rounds off the meal with a comforting finish. Served with four portions of fragrant white rice, this set offers a satisfying and well-rounded dining experience for the whole family

1x Lobster
1x Seabass Fish
1x Squid (M)
1x Omelette
1x Vegetables (M)
1x Seafood Tom Yam
4x White Rice

RM 260

*Prices displayed not including service charge 10%

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COUPLE FISH SET

2 PAX



The Couple Fish Set at Telaga Seafood Restaurant is an exquisite meal designed for two, featuring a tender and flavorful seabass fish, prepared with your choice of cooking style – whether grilled, steamed, or fried to perfection. The set also includes a medium portion of fresh vegetables, customizable with your preferred cooking style, adding a healthy and vibrant touch to the meal. To enhance the dining experience, enjoy a spicy and aromatic chicken Tom Yam soup that brings a delightful balance of heat and tang. With two servings of fragrant white rice, this set promises a memorable and satisfying meal for you and your companion

1x Seabass Fish
1x Vegetables (M)
1x Chicken Tom Yam
2x White Rice

RM 95

*Prices displayed not including service charge 10%

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COUPLE LOBSTER SET

2 PAX



The Couple Lobster Set at Telaga Seafood Restaurant offers a luxurious dining experience for two, featuring a succulent lobster prepared with your choice of cooking style – whether grilled, steamed, or fried to perfection. Accompanying the lobster is a medium portion of fresh vegetables, available with your preferred cooking style, adding a vibrant and healthy element to the meal. The set also includes a flavorful chicken Tom Yam soup, packed with aromatic spices and a perfect balance of heat. With two servings of fragrant white rice, this set delivers a memorable and indulgent meal for you and your loved one

1x Lobster
1x Vegetables (M)
1x Chicken Tom Yam
2x White Rice

RM 200

*Prices displayed not including service charge 10%

Telaga Seafood

PANTAI* CENANG

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DRINKS & BEVERAGES

FRUIT JUICE



	RM
P1 - ORANGE	10
P2 - APPLE	10
P3 - WATERMELON	10
P4 - LEMON	10
P5 - HONEYDEW	10
P6 - PINEAPPLE	10
P7 - LYCHEE	10
P8 - LONGAN	10

SEASONAL

	RM
Q1 -MANGO MILKSHAKE	15
Q2 -BANANA MILKSHAKE	15
Q3 -MIXED FRUIT JUICE	15
Q4 -FRESH COCONUT	10

HOT

	RM
X1 -POT OF MINT TEA	10
X2 -MINT TEA	4
X3 -TEA	5
X4 -COFFEE	5
X5 -NESCAFE	5
X6 -MILO	5

COLD

	RM
Y3 -TEA	5
Y4 -COFFEE	5
Y5 -NESCAFE	5
Y6 -MILO	5
Y7 -CANNED DRINKS (COKE, COKE LIGHT, SPRITE)	4
Y8 -MINERAL WATER (S)	2
Y9 -MINERAL WATER (L)	4

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